



Sabeeha Mirza

Soft Skills Trainer | Language & Exam Coach

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About Me

*I am a passionate **Soft Skills Trainer and Language Coach** with extensive experience in empowering individuals and teams through experiential learning techniques that drive behavioral transformation.*

*My training style is **interactive, practical, and learner-centric**, ensuring that every participant gains not just knowledge but also the confidence to apply it in real-world scenarios.*

I specialize in designing and delivering customized training interventions that align with organizational goals, strengthen workplace culture, and foster personal growth.



Areas of Expertise

My comprehensive training portfolio covers the essential soft skills that transform professional effectiveness and organizational culture.



Behavioral & Leadership Development

Building leadership presence, decision-making skills, and self-awareness through targeted interventions.



Communication & Presentation Skills

Enhancing verbal, non-verbal, and written communication to ensure impact and clarity in all interactions.



Team Building & Conflict Resolution

Promoting collaboration, trust, and constructive conflict management strategies for high-performing teams.



Emotional Intelligence & Stress Management

Empowering professionals to regulate emotions, manage stress, and maintain resilience under pressure.



Professional & Business Etiquette

Training on workplace etiquette, grooming, and professionalism for career advancement and success.

Training Methodology

My sessions are designed for maximum engagement and lasting impact through proven experiential learning techniques.

01

Real-life Scenarios & Case Studies

Connecting learning to practical workplace situations for immediate relevance and application.

03

Group Discussions & Guided Reflections

Facilitating peer learning and self-discovery through structured dialogue and introspection.

*This comprehensive approach ensures **high engagement, practical application, and lasting behavioral change** that participants can immediately implement in their professional lives.*

02

Role-plays & Simulations

Creating safe environments for participants to practice new behaviors and receive constructive feedback.

04

Interactive Activities for Active Learning

Engaging participants through hands-on exercises that reinforce key concepts and skills.

Previous Trainings Conducted

I have had the privilege of working with a diverse set of participants across industries, academic institutions, and professional networks, delivering impactful learning experiences.

Corporate Training Excellence

- **Torrent Power** – Written Communication and Professional Etiquette
- **Kalupur Commercial Co-Operative Bank** – Professional Communication and Workplace Interaction
- **ISHRAE** – Communication Skills, Interpersonal Skills, Conflict Resolution, and Group Discussion Dynamics

Academic Institution Partnerships

- **PDEU (Pandit Deendayal Energy University)** – Faculty Training on Teamwork and Coordination
- **LD Engineering College** – Interview Skills and Group Dynamics Workshops
- **SKVM (Kadi Sarva Vishvavidyalaya)** – Presentation Skills and Public Speaking under Career Development Program

Professional Development Programs

- **Ahmedabad Management Association (AMA)** – Train the Trainer Program (TTT) for faculty and corporate participants
- **Faculty Development Programs (FDP)** – Team Coordination, Conflict Resolution, and Leadership Skills
- **Women's Chapter Initiatives** – Exclusive sessions on Communication Skills and Teamwork



L. D. College of Engineering
Ahmedabad, Gujarat, India



Language and Exam Coaching

*In addition to soft skills training, I have successfully **mentored 300+ students and professionals** for IELTS and PTE exams, enabling them to achieve their academic, immigration, and career goals.*

→ Building Confidence

Comprehensive development in speaking, writing, listening, and reading comprehension skills.

→ Strategic Test-Taking Skills

Advanced techniques and time management strategies for optimal exam performance.

→ Personalized Support

Individual feedback, targeted practice sessions, and customized study plans for each learner.





Professional Strengths

My approach to training is built on three foundational pillars that ensure exceptional results and participant satisfaction.

Learner-Centric Approach

Every program is meticulously tailored to meet specific organizational needs and participant learning styles. I conduct thorough needs assessments to ensure maximum relevance and impact.

Continuous Learning

I stay at the forefront of communication psychology, adult learning theories, and emerging training methodologies to deliver cutting-edge solutions that reflect current best practices.

High-Impact Interventions

My focus on measurable outcomes ensures that training investments deliver tangible results, with comprehensive feedback mechanisms and post-training support for sustained behavioral change.

Investment & Logistics

Transparent pricing and comprehensive support ensure exceptional value for your training investment.

Customized Quotation Process

A detailed quotation will be shared upon finalization of:

- *Training Scope & Number of Sessions*
- *Specific Learning Objectives*
- *Target Audience Size and Profile*
- *Delivery Format (In-person/Virtual/Hybrid)*

Investment Includes:

Customized Training Content & Materials –
Tailored resources for your organization

Expert Facilitation of Sessions – *Interactive delivery by experienced trainer*

Post-Training Support – *Comprehensive feedback report and follow-up recommendations*



LEARN TO BECOME AN EXPERT

SABEEHA MIRZA



SOFT SKILL FACILITATOR

Next Steps

I am confident that my programs will contribute significantly to your organization's development goals.



Let's Connect

I would be delighted to schedule a meeting to discuss your specific training requirements and collaborate on designing the perfect workshop outline for your team's success.

Ready to transform your team's potential into performance?